

Apply for Free & Reduced Meal Benefits Online



Visit www.MySchoolApps.com to complete your online application

All interested households should re-apply every year for free or reduced meal benefits.

Households can re-apply for meal benefits at any time throughout the school year.

If there is a change in income, household size, or employment, contact Nutrition Services at (970) 254-5181 or nutritionservices@d51schools.org.



DID YOU KNOW? Breakfast is served in all D51 schools until 10 a.m.

Kids who eat breakfast have better attendance, memory, and academic performance. They are more likely to graduate, and are overall healthier.



*Free breakfast for ALL students at Bookcliff, Chipeta, Clifton, Dos Rios, Fruitvale, Nisley, MGMS, R5, Rocky Mtn



Monday	Tuesday	Wednesday	Thursday	Friday
B-Breakfast L-Lunch This institution is on equal opportunity provider. (May Choice will be one of the following entrees; Meatball Sub, Sloppy Joe, Turkey Wrap, Chicken Frier, Sandwich or Pigs in Blanket.)	See www.bit.ly/schoolmenus for daily sides and nutritional information	Always available breakfast Cereal variety, toast or yogurt parfait, milk variety Always available lunch PBJ Uncrustables or Salad Bar Meal with Fruit and Milk variety	1	2
5	6	7	8	9
12 B-BFAST SAUSAGE PIZZA L-CHEESY PINWHEEL other options and sides listed above	13 B- EGG & CHEESE BISCUIT L- FRITO CHILI PIE other options and sides listed above	14 B- WAFFLES L- HOT DIGGITY DOG other options and sides listed above	15 B- BREAKFAST BURRITO L- BREAKFAST FOR LUNCH other options and sides listed above	16 B- VARIETY OF MUFFINS L- BRONCO BURGER other options and sides listed above
19 B- PANCAKE WRAP L- CHICKEN ALFREDO other options and sides listed above	20 B- EGGS & TOAST L- BEEF CRUNCHY TACOS other options and sides listed above	21 B- BISCUIT WITH GRAVY L- MAC & CHEESE W/ SMOKIES other options and sides listed above	22 B- FRENCH TOAST STICKS L- HOMESTYLE TURKEY other options and sides listed above	23 B- MONKEY BREAD L- HOMEMADE PIZZA VARIETY other options and sides listed above
26 B- EGG, HAM & CHEESE OMELETTE L- MANAGER'S CHOICE other options and sides listed above	27 B- EGG, SAUSAGE & CHEESE BISCUIT L- BEAN BURRITO other options and sides listed above	28 B- PANCAKE WRAP L- PORK SANDWICH other options and sides listed above	29 B- MINI BAGELS L- SPAGHETTI and MEATBALLS other options and sides listed above	30 B- FRENCH TOAST CASSEROLE L- FIESTA NACHOS other options and sides listed above



When you buy a school lunch, you're supporting local and state farmers!



Tomatoes

Field to Fork, Palisade
Community Alliance, Orchard Mesa
Northeast Colorado Farms

Lettuce

Community Alliance, Orchard Mesa
Field to Fork, Palisade
Northeast Colorado Farms



Apples

PeachFork Orchards, Palisade
Wacky Apple, Paonia
Wag's Orchards, Eckert



Carrots

Northeast Colorado Farms

Potato

Southern Colorado Farms



DID YOU KNOW? Breakfast is served in all D51 schools until 10 a.m.

Kids who eat breakfast have better attendance, memory, and academic performance. They are more likely to graduate, and are overall healthier.

*Free breakfast for ALL students at Bookcliff, Chipeta, Clifton, Dos Rios, Fruitvale, Nisley, MGMS, R5, Rocky Mtn



Monday	Tuesday	Wednesday	Thursday	Friday
2 No School Holiday	3 B- EGG & CHEESE BISCUIT L- CHICKEN QUESADILLA <small>other options and sides listed below</small>	4 B- WAFFLES L- ROASTED CHICKEN <small>other options and sides listed below</small>	5 B- BREAKFAST BURRITO L- SAMURAI RICE BOWL <small>other options and sides listed below</small>	6 B- VARIETY OF MUFFINS L - BRONCO BURGER <small>other options and sides listed below</small>
9 B-PANCAKE WRAP L- CHEESE RAVIOLI <small>other options and sides listed below</small>	10 B- EGGS & TOAST L- TACO SPAGHETTI <small>other options and sides listed below</small>	11 B- BISCUIT WITH GRAVY L- GRILLED CHEESE <small>other options and sides listed below</small>	12 B- FRENCH TOAST STICKS L- BAKED POTATO <small>other options and sides listed below</small>	13 B- MONKEY BREAD L- HOMEMADE PIZZA VARIETY <small>other options and sides listed below</small>
16 No School Ed Effectiveness Day	17 ES Planning MS Inservice No School	18 B- PANCAKE WRAP L- HOT DIGGITY DOG <small>other options and sides listed below</small>	19 B- MINI BAGELS L- BREAKFAST FOR LUNCH <small>other options and sides listed below</small>	20 B- FRENCH TOAST CASSEROLE L- BRONCO BURGER <small>other options and sides listed below</small>
23 B- BREAKFAST SAUSAGE PIZZA L- CHICKEN ALFREDO <small>other options and sides listed below</small>	24 B- EGG & CHEESE BISCUIT L- BEEF CRUNCHY TACOS <small>other options and sides listed below</small>	25 B- WAFFLES L- MAC & CHEESE W/ SMOKIES <small>other options and sides listed below</small>	26 B- BREAKFAST BURRITO L- HOMESTYLE TURKEY <small>other options and sides listed below</small>	27 B- VARIETY OF MUFFINS L- HOMEMADE PIZZA VARIETY <small>other options and sides listed below</small>
30 B- PANCAKE WRAP L- MANAGER'S CHOICE <small>other options and sides listed below</small>		Always available breakfast: Cereal variety, toast or yogurt parfait, milk variety Always available lunch: PBJ Uncrustables or Salad Bar Meal with Fruit and Milk variety	See www.bit.ly/schoolmenus for daily sides and nutritional information	B-Breakfast L-Lunch This institution is an equal opportunity provider. (Pkg. Choices will be one of the following entrees: Meatball Sub, Sloppy Joe, Turkey Wrap, Chicken Fild Sandwich or Pigs in Blanket.)

Healthy school meals increase and sustain student learning throughout the school day!



10%

Average increase in use of fresh/whole ingredients



28 processed items were replaced with fresh/whole ingredients
example: frozen fries to fresh potato wedges

250 new fresh/whole ingredients were added

= 278 ↑

improvements made to increase use of fresh/whole ingredients



At least 55% of ingredients used by all the districts are now fresh/whole

86% of improvements were made to the fruit and vegetable categories
enhances salad bars

5% increase in the use of fresh and dried herbs/spices
decreases sodium
preserves flavor



68 processed items were dropped
examples: canned baked beans, processed cheeses, bottled sauces

DID YOU KNOW? Breakfast is served in all D51 schools until 10 a.m.

Kids who eat breakfast have better attendance, memory, and academic performance. They are more likely to graduate, and are overall healthier.

*Free breakfast for ALL students at Bookcliff, Chipeta, Clifton, Dos Rios, Fruitvale, Nisley, MGMS, R5, Rocky Mtn



Monday	Tuesday	Wednesday	Thursday	Friday
<p>See www.bit.ly/schoolmenus for daily sides and nutritional information</p> <p>B-Breakfast L-Lunch This institution is an equal opportunity provider.</p>	<p>1</p> <p>B- EGGS & TOAST L- BEAN BURRITO</p> <p>other options and sides listed below</p>	<p>2</p> <p>B- BISCUIT WITH GRAVY L- PORK SANDWICH</p> <p>other options and sides listed below</p>	<p>3</p> <p>B- FRENCH TOAST STICKS L- SPAGHETTI and MEATBALLS</p> <p>other options and sides listed below</p>	<p>4</p> <p>B- MONKEY BREAD L- FIESTA NACHOS</p> <p>other options and sides listed below</p>
<p>7</p> <p>B- EGG, HAM & CHEESE OMELETTE L- POTATO BOWL</p> <p>other options and sides listed below</p>	<p>8</p> <p>B- EGG, SAUSAGE & CHEESE BISCUIT L- CHICKEN QUESADILLA</p> <p>other options and sides listed below</p>	<p>9</p> <p>B- PANCAKE WRAP L- ROASTED CHICKEN</p> <p>other options and sides listed below</p>	<p>10</p> <p>B- MINI BAGELS L- SAMURAI RICE BOWL</p> <p>other options and sides listed below</p>	<p>11</p> <p>B- FRENCH TOAST CASSEROLE L- BRONCO BURGER</p> <p>other options and sides listed below</p>
<p>14</p> <p>No School Teacher Work Day</p>	<p>15</p> <p>No School Teacher Inservice</p>	<p>16</p> <p>ES Planning MS Inservice No School</p>	<p>17</p> <p>B- BREAKFAST BURRITO L- BAKED POTATO</p> <p>other options and sides listed below</p>	<p>18</p> <p>B- VARIETY OF MUFFINS L- HOMEMADE PIZZA VARIETY</p> <p>other options and sides listed below</p>
<p>21</p> <p>B- PANCAKE WRAP L- CHEESY PINWHEEL</p> <p>other options and sides listed below</p>	<p>22</p> <p>B- EGGS & TOAST L- FRITO CHILI PIE</p> <p>other options and sides listed below</p>	<p>23</p> <p>B- BISCUIT WITH GRAVY L- HOT DIGGITY DOG</p> <p>other options and sides listed below</p>	<p>24</p> <p>B- FRENCH TOAST STICKS L- BREAKFAST FOR LUNCH</p> <p>other options and sides listed below</p>	<p>25</p> <p>B- MONKEY BREAD L- BRONCO BURGER</p> <p>other options and sides listed below</p>
<p>28</p> <p>B- EGG, HAM & CHEESE OMELETTE L- CHICKEN ALFREDO</p> <p>other options and sides listed below</p>	<p>29</p> <p>B- EGG, SAUSAGE & CHEESE BISCUIT L- BEEF CRUNCHY TACOS</p> <p>other options and sides listed below</p>	<p>30</p> <p>B- PANCAKE WRAP L- MAC & CHEESE W/ SMOKIES</p> <p>other options and sides listed below</p>	<p>31</p> <p>B- MINI BAGELS L- HOMESTYLE TURKEY</p> <p>other options and sides listed below</p>	<p>Always available breakfast: Cereal variety, toast or yogurt parfait, milk variety</p> <p>Always available lunch: PB&J Unrustables or Salad Bar Meal with Fruit and Milk variety</p>

D51



MAKE A SCHOOL LUNCH DATE!

School meals are healthier than they've ever been. What's on the menu at your child's school?

Making a lunch date to eat with your child at school is a great way to encourage healthy eating habits and support school leaders.



DID YOU KNOW? Breakfast is served in all D51 schools until 10 a.m.

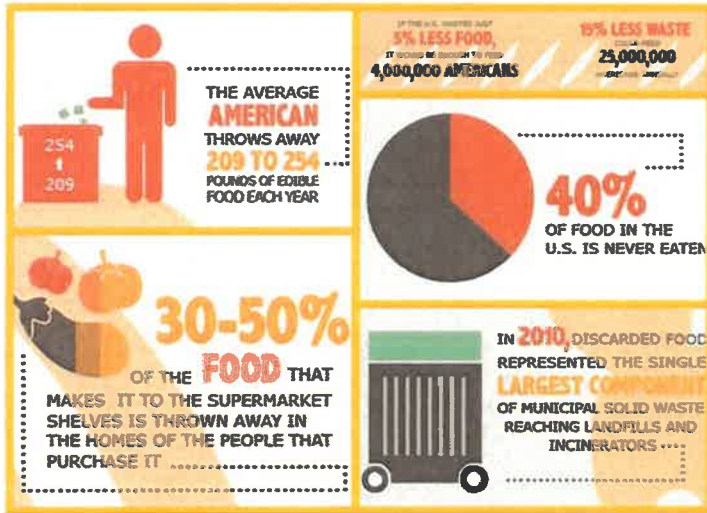
Kids who eat breakfast have better attendance, memory, and academic performance. They are more likely to graduate, and are overall healthier.

*Free breakfast for ALL students at Bookcliff, Chipeta, Clifton, Dos Rios, Fruitvale, Nisley, MGMS, R5, Rocky Mtn

NOVEMBER

Monday	Tuesday	Wednesday	Thursday	Friday
B-Breakfast L-Lunch This institution is an equal opportunity provider. (Note: Choice will be one of the following entrees; Meatball Sub, Sloppy Joe, Turkey Wrap, Chicken Fajet Sandwich or Pigs in Blanket.)	See www.bit.ly/schoolmenus for daily sides and nutritional information	Always available breakfast: Cereal variety, toast or yogurt parfait, milk variety Always available lunch: PBJ Uncrustables or Salad Bar Meal with Fruit and Milk variety		1 B- FRENCH TOAST STICKS L- HOMEMADE PIZZA VARIETY other options and sides listed above
4 B- BREAKFAST SAUSAGE PIZZA L- MANAGER'S CHOICE other options and sides listed above	5 B- EGG & CHEESE BISCUIT L- BEAN BURRITO other options and sides listed above	6 B- WAFFLES L- PORK SANDWICH other options and sides listed above	7 B- BREAKFAST BURRITO L- SPAGHETTI and MEATBALLS other options and sides listed above	8 B- VARIETY OF MUFFINS L- FIESTA NACHOS other options and sides listed above
11 B- PANCAKE WRAP L- POTATO BOWL other options and sides listed above	12 B- EGGS & TOAST L- CHICKEN QUESADILLA other options and sides listed above	13 B- BISCUIT WITH GRAVY L- ROASTED CHICKEN other options and sides listed above	14 B- FRENCH TOAST STICKS L- SAMURAI RICE BOWL other options and sides listed above	15 B- MONKEY BREAD L- BRONCO BURGER other options and sides listed above
18 B- EGG, HAM & CHEESE OMELETTE L- CHEESE RAVIOLI other options and sides listed above	19 B- EGG, SAUSAGE & CHEESE BISCUIT L- TACO SPAGHETTI other options and sides listed above	20 B- PANCAKE WRAP L- GRILLED CHEESE other options and sides listed above	21 B- MINI BAGELS L- HOMESTYLE TURKEY other options and sides listed above	22 B- FRENCH TOAST CASSEROLE L- HOMEMADE PIZZA VARIETY other options and sides listed above
25 No School Thanksgiving Break	26 No School Thanksgiving Break	27 No School Thanksgiving Break	28 No School Thanksgiving Break	29 No School Thanksgiving Break

The Natural Resources Defense Council estimates that 1% of annual food waste comes from K-12 schools



ONLY 1 in 10 COLORADO KIDS consume the recommended amount of **fruits & vegetables** **EACH DAY** ⁽²⁾

Students can decrease food waste by sharing uneaten/unopened fruit, veggies, and milk at the designated share table.

DID YOU KNOW? Breakfast is served in all D51 schools until 10 a.m.

Kids who eat breakfast have better attendance, memory, and academic performance. They are more likely to graduate, and are overall healthier.

*Free breakfast for ALL students at Bookcliff, Chipeta, Clifton, Dos Rios, Fruitvale, Nisley, MGMS, R5, Rocky Mtn

December

Monday	Tuesday	Wednesday	Thursday	Friday
2 ES Planning MS Inservice No School	3 B- EGG & CHEESE BISCUIT L- FRITO CHILI PIE other options and sides listed below	4 B- WAFFLES L- HOT DIGGITY DOG other options and sides listed below	5 B- BREAKFAST BURRITO L- BREAKFAST FOR LUNCH other options and sides listed below	6 B- VARIETY OF MUFFINS L- BRONCO BURGER other options and sides listed below
9 B- PANCAKE WRAP L- CHICKEN ALFREDO other options and sides listed below	10 B- EGGS & TOAST L- BEEF CRUNCHY TACO other options and sides listed below	11 B- BISCUIT WITH GRAVY L- MAC & CHEESE W/ SMOKIES other options and sides listed below	12 B- FRENCH TOAST STICKS L- HOMESTYLE TURKEY other options and sides listed below	13 B- MONKEY BREAD L- HOMEMADE PIZZA VARIETY other options and sides listed below
16 B- EGG, HAM & CHEESE OMELETTE L- MANAGER'S CHOICE other options and sides listed below	17 B- EGG, SAUSAGE & CHEESE BISCUIT L- BEAN BURRITO other options and sides listed below	18 B- PANCAKE WRAP L- PORK SANDWICH other options and sides listed below	19 B- MINI BAGELS L- HOMESTYLE TURKEY other options and sides listed below	20 B- FRENCH TOAST CASSEROLE L- FIESTA NACHOS other options and sides listed below
23 No School Winter Break	24 No School Winter Break	25 No School Winter Break	26 No School Winter Break	27 No School Winter Break
30 No School Winter Break	31 No School Winter Break	Always available breakfast: Cereal variety, toast or yogurt parfait, milk variety Always available lunch: PBJ Unrustables or Salad Bar Meal with Fruit and Milk variety	See www.bit.ly/schoolmenus for daily sides and nutritional information	B-Breakfast L-Lunch This institution is an equal opportunity provider. (Mar. Choice will be one of the following options: Meatball Sub, Soggy Joe, Turkey Wrap, Chicken Fliet Sandwich or Pigs in Blanket.)

Apply for Free & Reduced Meal Benefits Online

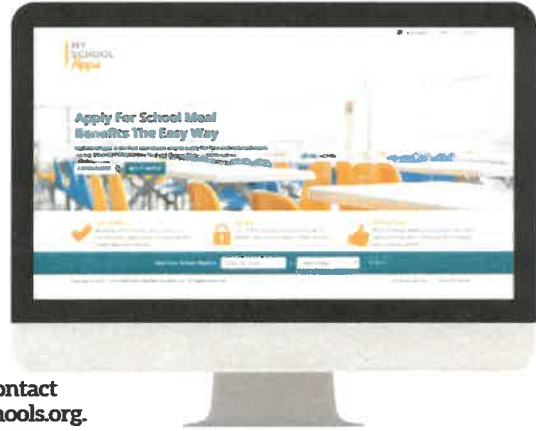


Visit www.MySchoolApps.com to complete your online application

All interested households should re-apply every year for free or reduced meal benefits.

Households can re-apply for meal benefits at any time throughout the school year.

If there is a change in income, household size, or employment, contact Nutrition Services at (970) 254-5181 or nutritionservices@d51schools.org.



DID YOU KNOW? Breakfast is served in all D51 schools until 10 a.m.

Kids who eat breakfast have better attendance, memory, and academic performance. They are more likely to graduate, and are overall healthier.



*Free breakfast for ALL students at Bookcliff, Chipeta, Clifton, Dos Rios, Fruitvale, Nisley, MGMS, R5, Rocky Mtn

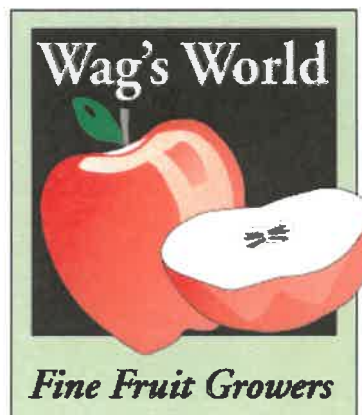


Monday	Tuesday	Wednesday	Thursday	Friday
B-Breakfast L-Lunch This institution is on equal opportunity provider. See www.bit.ly/schoolmenus for daily sides and nutritional information	Always available breakfast: Cereal variety, toast or yogurt parfait, milk variety Always available lunch: PBJ Uncrustables or Saled Bar Meal with Fruit and Milk variety	1 No School Winter Break	2 No School Winter Break	3 No School Winter Break
6 No School Teacher Work Day	7 ES Planning MS Inservice No School	8 B-WAFFLES L- ROASTED CHICKEN other options and sides listed above	9 B- BREAKFAST BURRITO L- SAMURAI RICE BOWL other options and sides listed above	10 B- VARIETY OF MUFFINS L- BRONCO BURGER other options and sides listed above
13 B- PANCAKE WRAP L- CHEESE RAVIOLI other options and sides listed above	14 B- EGGS & TOAST L-TACO SPAGHETTI other options and sides listed above	15 B- BISCUIT WITH GRAVY L- GRILLED CHEESE other options and sides listed above	16 B- FRENCH TOAST STICKS L- BAKED POTATO other options and sides listed above	17 B- MONKEY BREAD L- HOMEMADE PIZZA VARIETY other options and sides listed above
20 No School Holiday	21 B- EGG, SAUSAGE & CHEESE BISCUIT L- FRITO CHILI PIE other options and sides listed above	22 B- PANCAKE WRAP L- HOT DIGGITY DOG other options and sides listed above	23 B- MINI BAGELS L- BREAKFAST FOR LUNCH other options and sides listed above	24 B- FRENCH TOAST CASSEROLE L- BRONCO BURGER other options and sides listed above
27 B- BREAKFAST SAUSAGE PIZZA L- CHICKEN ALFREDO other options and sides listed above	28 B- EGG & CHEESE BISCUIT L- BEEF CRUNCHY TACOS other options and sides listed above	29 B- WAFFLES L- MAC & CHEESE W/ SMOKIES other options and sides listed above	30 B- BREAKFAST BURRITO L- HOMESTYLE TURKEY other options and sides listed above	31 B- VARIETY OF MUFFINS L- HOMEMADE PIZZA VARIETY other options and sides listed above

The apples you see in school cafeterias are provided by Wag's World Orchards in Eckert, CO!

Wag's World Orchards has been a family farm since 1994 and is committed to safely growing delicious fruits and vegetables including fresh and local peaches, apples, cherries, plums, nectarines, berries and pears!

Wag's World Orchards' goal is to safely grow the biggest, the best-tasting, and the best quality of fruit for everyone at a reasonable market price.



Find more of their produce at the Grand Junction Farmer's Market June-September, or at their stand in Eckert, CO, off of Hwy 65 or Hwy 50 North Delta.

Learn more at wagsworldorchards.com

DID YOU KNOW? Breakfast is served in all D51 schools until 10 a.m.

Kids who eat breakfast have better attendance, memory, and academic performance. They are more likely to graduate, and are overall healthier.

*Free breakfast for ALL students at Bookcliff, Chipeta, Clifton, Dos Rios, Fruitvale, Nisley, MGMS, R5, Rocky Mtn



Monday	Tuesday	Wednesday	Thursday	Friday
B- Breakfast L- Lunch This institution is an equal opportunity provider. (Wag's Choice will be one of the following options: Beefball Sub, Sloppy Joe, Turkey Wrap, Chicken Flat Sandwich or Pigs in Blanket.)	See www.bit.ly/schoolmenus for daily sides and nutritional information	Always available breakfast: Cereal variety, toast or yogurt parfait, milk variety Always available lunch: PBJ Uscrustables or Salad Bar Meal with Fruit and Milk variety		
3 B- PANCAKE WRAP L- MANAGER'S CHOICE other options and sides listed above	4 B- EGGS & TOAST L- BEAN BURRITO other options and sides listed above	5 B- BISCUIT WITH GRAVY L- PORK SANDWICH other options and sides listed above	6 B- FRENCH TOAST STICKS L- SPAGHETTI and MEATBALLS other options and sides listed above	7 B- MONKEY BREAD L- FIESTA NACHOS other options and sides listed above
10 B- EGG, HAM & CHEESE OMELETTE L- POTATO BOWL other options and sides listed above	11 B- EGG, SAUSAGE & CHEESE BISCUIT L- CHICKEN QUESADILLA other options and sides listed above	12 B- PANCAKE WRAP L- ROASTED CHICKEN other options and sides listed above	13 B- MINI BAGELS L- SAMURAI RICE BOWL other options and sides listed above	14 B- FRENCH TOAST CASSEROLE L- BRONCO BURGER other options and sides listed above
17 No School Holiday/Conference Exchange Day	18 B- EGG & CHEESE BISCUIT L- TACO SPAGHETTI other options and sides listed above	19 B- WAFFLES L- GRILLED CHEESE other options and sides listed above	20 B- BREAKFAST BURRITO L- BAKED POTATO other options and sides listed above	21 B- VARIETY OF MUFFINS L- HOMEMADE PIZZA VARIETY other options and sides listed above
24 B- PANCAKE WRAP L- CHEESY PINWHEEL other options and sides listed above	25 B- EGGS & TOAST L- FRITO CHILI PIE other options and sides listed above	26 B- BISCUIT WITH GRAVY L- HOT DIGGITY DOG other options and sides listed above	27 B- FRENCH TOAST STICKS L- BREAKFAST FOR LUNCH other options and sides listed above	28 B- MONKEY BREAD L- BRONCO BURGER other options and sides listed above



D51 Healthy Schools!

The D51 Wellness Advisory Committee, funded by the Colorado Health Foundation, formed in February 2017 with the mission of empowering the D51 Community through wellness policies and practices to ensure that every child thrives. The committee was recently re-awarded the grant which will carry their work to January 2021.

Learn more at bit.ly/d51wellness

DID YOU KNOW? Breakfast is served in all D51 schools until 10 a.m.

Kids who eat breakfast have better attendance, memory, and academic performance. They are more likely to graduate, and are overall healthier.

*Free breakfast for ALL students at Bookcliff, Chipeta, Clifton, Dos Rios, Fruitvale, Nisley, MGMS, R5, Rocky Mtn



Monday	Tuesday	Wednesday	Thursday	Friday
2 B- EGG, HAM & CHEESE OMELETTE L- CHICKEN ALFREDO other options and sides listed below	3 B- EGG, SAUSAGE & CHEESE BISCUIT L- BEEF CRUNCHY TACOS other options and sides listed below	4 B- PANCAKE WRAP L- MAC & CHEESE W/ SMOKIES other options and sides listed below	5 B- MINI BAGELS L- HOMESTYLE TURKEY other options and sides listed below	6 B- FRENCH TOAST CASSEROLE L- HOMEMADE PIZZA VARIETY other options and sides listed below
9 B- SAUSAGE BREAKFAST PIZZA L- MANAGER'S CHOICE other options and sides listed below	10 B- EGG & CHEESE BISCUIT L- BEAN BURRITO other options and sides listed below	11 B- WAFFLES L- PORK SANDWICH other options and sides listed below	12 No School Teacher Work Day	13 ES Planning MS Inservice No School
16 No School Spring Break	17 No School Spring Break	18 No School Spring Break	19 No School Spring Break	20 No School Spring Break
30 B- PANCAKE WRAP L- POTATO BOWL other options and sides listed below	24 B- EGGS & TOAST L- CHICKEN QUESADILLA other options and sides listed below	25 B- BISCUIT WITH GRAVY L- ROASTED CHICKEN other options and sides listed below	26 B- FRENCH TOAST STICKS L- SAMURAI RICE BOWL other options and sides listed below	27 B- MONKEY BREAD L- BRONCO BURGER other options and sides listed below
30 B- EGG, HAM & CHEESE OMELETTE L- CHEESE RAVIOLI other options and sides listed below	31 B- EGG, SAUSAGE & CHEESE BISCUIT L- TACO SPAGHETTI other options and sides listed below	Always available breakfast: Cereal variety, toast or yogurt parfait, milk variety Always available lunch: PBJ Uncrustables or Salad Bar Meal with Fruit and Milk variety	See www.bit.ly/schoolmenus for daily sides and nutritional information	B- Breakfast L- Lunch This institution is an equal opportunity provider. (Mar. Choice will be one of the following entrees: Meatball Soup, Sloppy Joe, Turkey Wrap, Chicken Fries Sandwich or Pigs in Blanket.)

We're excited to continue our partnership with Colorado State University's Extension, the Community Alliance for Education and Hunger Relief, to bring K-12 STEM Education to D51!



The Community Alliance for Education and Hunger Relief provides learners of all ages the opportunity to get their hands dirty on the farm and contribute to the community. D51 third graders planted over 7000 seedlings and seeds.

They came back as fourth graders and harvested the food to share with area food banks and school cafeterias.

fb.com/communityalliancewrc



DID YOU KNOW? Breakfast is served in all D51 schools until 10 a.m.

Kids who eat breakfast have better attendance, memory, and academic performance. They are more likely to graduate, and are overall healthier.

*Free breakfast for ALL students at Bookcliff, Chipeta, Clifton, Dos Rios, Fruitvale, Nisley, MGMS, R5, Rocky Mtn



Monday	Tuesday	Wednesday	Thursday	Friday
See www.bit.ly/schoolmenus for daily sides and nutritional information	Always available breakfast: Cereal variety, toast or yogurt parfait, milk variety Always available lunch: PBJ Uncrustables or Solid Bar Meal with Fruit and Milk variety	1 B- PANCAKE WRAP L- GRILLED CHEESE other options and sides listed above	2 B- MINI BAGELS L- BAKED POTATO other options and sides listed above	3 B- FRENCH TOAST CASSEROLE L- HOMEMADE PIZZA VARIETY other options and sides listed above
6 B- BREAKFAST SAUSAGE PIZZA L- CHEESY PINWHEEL other options and sides listed above	7 B- EGG & CHEESE BISCUIT L- FRITO CHILI PIE other options and sides listed above	8 B- WAFFLES L- HOT DIGGITY DOG other options and sides listed above	9 B- BREAKFAST BURRITO L- BREAKFAST FOR LUNCH other options and sides listed above	10 B- VARIETY OF MUFFINS L- BRONCO BURGER other options and sides listed above
13 B- PANCAKE WRAP L- CHICKEN ALFREDO other options and sides listed above	14 B- EGGS & TOAST L- BEEF CRUNCHY TACOS other options and sides listed above	15 B- BISCUIT WITH GRAVY L- MAC & CHEESE W/ SMOKIES other options and sides listed above	16 B- FRENCH TOAST STICKS L- HOMESTYLE TURKEY other options and sides listed above	17 B- MONKEY BREAD L- HOMEMADE PIZZA VARIETY other options and sides listed above
20 B- EGG, HAM & CHEESE OMELETTE L- MANAGER'S CHOICE other options and sides listed above	21 B- EGG, SAUSAGE & CHEESE BISCUIT L- BEAN BURRITO other options and sides listed above	22 B- PANCAKE WRAP L- PORK SANDWICH other options and sides listed above	23 B- MINI BAGELS L- SPAGHETTI and MEATBALLS other options and sides listed above	24 B- FRENCH TOAST CASSEROLE L- FIESTA NACHOS other options and sides listed above
27 B- BREAKFAST SAUSAGE PIZZA L- POTATO BOWL other options and sides listed above	28 B- EGG & CHEESE BISCUIT L- CHICKEN QUESADILLA other options and sides listed above	29 B- WAFFLES L- ROASTED CHICKEN other options and sides listed above	30 B- BREAKFAST BURRITO L- SAMURAI RICE BOWL other options and sides listed above	B-Breakfast L-Lunch This institution is an equal opportunity provider. (May Choice will be one of the following entrees: Meatball Sub, Sloppy Joe, Turkey Wrap, Chicken Fillet Sandwich or Pigs in Blanket.)

The Lunch Lizard is back this summer!

Feeding Hungry Kids,
One Neighborhood at a Time

Grand Junction/Orchard Mesa
Clifton
Palisade
Selected school sites

Free meals for kids 18 and under
Federally-funded meals
Trucks paid for by local donors
Available 5 days a week!

Visit www.d51schools.org for more info



Monday	Tuesday	Wednesday	Thursday	Friday
B-Breakfast L-Lunch This institution is an equal opportunity provider. (Meal Choice will be one of the following entrees: Macaroni Soup, Sloppy Joe, Turkey Wrap, Chicken Filet Sandwich or Pigs in Blanket.)	See www.bit.ly/schoolmenus for daily sides and nutritional information	Always available breakfast: Cereal variety, toast or yogurt parfait, milk variety Always available lunch: PBJ Uncrustables or Salad Bar Meal with Fruit and Milk variety		1 B- VARIETY OF MUFFINS L- BRONCO BURGER other options and sides listed above
4 No School Elem.Parent/ Teacher Conferences MS No Contract	5 B- EGGS & TOAST L- TACO SPAGHETTI other options and sides listed above	6 B- BISCUIT WITH GRAVY L- GRILLED CHEESE other options and sides listed above	7 B- FRENCH TOAST STICKS L- BAKED POTATO other options and sides listed above	8 B- MONKEY BREAD L- HOMEMADE PIZZA VARIETY other options and sides listed above
11 B- MANAGER'S CHOICE L-MANAGER'S CHOICE other options and sides listed above	12 B- MANAGER'S CHOICE L- MANAGER'S CHOICE other options and sides listed above	13 B- MANAGER'S CHOICE L-MANAGER'S CHOICE other options and sides listed above	14 B- MANAGER'S CHOICE L- MANAGER'S CHOICE other options and sides listed above	15 B- MANAGER'S CHOICE L- MANAGER'S CHOICE other options and sides listed above
18 B- MANAGER'S CHOICE L- MANAGER'S CHOICE other options and sides listed above	19 B- MANAGER'S CHOICE L-MANAGER'S CHOICE other options and sides listed above	20 B- MANAGER'S CHOICE L-MANAGER'S CHOICE other options and sides listed above	21 B-MANAGER'S CHOICE L-MANAGER'S CHOICE other options and sides listed above	22 No School Non-Contract Day
25	26	27	28	29 **Elementary Conferences